



OPANG NEWSLETTER



@OPA_Newstead Friday 29th May 2020

Welcoming you back!

Next week, we will begin to our phased re-opening of school. Year 1 pupils will be the first to return from Tuesday 2nd June. We have been working incredibly hard to ensure school is safe and we can't wait to see you. School will look a little different when we re-open so to help your child get ready for this we've create a little video for you to watch. Click on the link to have a look! <https://www.newstead.outwood.com/covid19>

We're getting ready to welcome you back to school



STAY SAFE



Home Learning Website

For children who are not returning to school next week, there will still be an online platform for children to access learning at home. Watch this space for more information regarding our 'Virtual Academy'.



E-Bug

Have you taken a look at the www.e-bug.eu website yet? It contains lots of fun games and teaching resources all about microbes and antibiotics.

Mental Health & Wellbeing

As we are coming to the end of week 10 of 'Lockdown' and restrictions begin to lift, our mental wellbeing is a priority. We will be doing lots of activities to support this within school. A helpful guide with advice and information on how

to look after your mental health and wellbeing during the coronavirus (COVID-19) outbreak can be found following this link https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876996/Easy_read_looking_after_your_feelings_and_body.pdf

Reminder: the green button is available on our website if you require external services or support.

Internet Safety

We know lots of you will be using the internet a lot more than usual at the moment and it can sometimes be hard to know if you're keeping safe. Why not access the <https://www.thinkuknow.co.uk/> website for advice about staying safe when you're on a phone, tablet or computer.

Take care, stay safe and hopefully we will see you soon!



Keep a 2 metre distance from others
Keep 2 metres away from all other people, where possible.
Do not shake hands or hug.



Cough or sneeze into a tissue
Catch it. Bin it. Kill it.
Always carry tissues. Dispose of the tissue as soon as possible, and wash your hands as soon as you can.



Washing and drying your hands kills the virus
Wash often. Use soap. 20 seconds. Then dry. This kills the virus by bursting its protective bubble.
Sing 'Happy Birthday' twice as a guide for 20 seconds.

STAY SAFE

