

7<sup>th</sup> October 2019

Dear Parents / Carers

### **World Mental Health Day**



Thursday 10<sup>th</sup> October is National Mental Health Day. We will be working as a school to raise awareness of the importance of a healthy mind and wellbeing.

We would like to invite ALL children to join in the #HelloYellow campaign by wearing yellow this Thursday.

There is no donation needed for this day.

Yours sincerely,



Karen Wakefield  
Principal